

#DREAMBIG

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THE BIGGER DREAM, BETTER TOMORROWS FOUNDATION



WELLNESS GROUPS

Wellness Support Group promotes mental health and wellness in the black student community, providing support and empowerment throughout academic and clinical experiences. We engage monthly via community team meetings facilitated by licensed counselors.



FACULTY DEVELOPMENT PROGRAM

Faculty Development Program provides a unique forum for discussion, mentorship, and networking curated to drive diversity among the nursing faculty and administration in doctorate nurse anesthesia programs.



EVENTS AND PROGRAMS

Dream Big Mentorship Program takes aspiring registered nurses and pairs them with heavy hitters in the profession to lay the foundation to ensure the student successfully matriculate into a nurse anesthesia program.

WELLNESS SUPPORT GROUP

CREATED TO EMPOWER AND SUPPORT THE MENTAL HEALTH OF STUDENTS WHO IDENTIFY AS BLACK IN THE NURSE ANESTHESIA ACADEMIC SETTING

CHALLENGE // LACK OF SUPPORT FOR BLACK STUDENTS & CRNAS

Black nursing students and CRNAs struggle to find support groups that specifically address their mental and emotional well-being within predominantly white institutions, while also lacking sufficient support to cope with the stress caused by racial challenges in society and longstanding institutions.

SOLUTION // COMMUNITY BUILT FOR STRESS RELIEF & HEALING

The Wellness Support Group aims to assist BIPOC nursing professionals in transitioning from hope to healing, addressing the negative effects of racial stressors. Through the CARE Model, the program seeks to empower nursing programs nationwide by equipping students and professionals with the necessary mental and emotional support for their career success.



FACULTY DEVELOPMENT PROGRAM



FACULTY DEVELOPMENT PROGRAM WAS CREATED TO INCREASE THE DIVERSITY OF NURSE ANESTHESIA FACULTY AND ADMINISTRATORS IN ESTABLISHED AND NEW DOCTORATE NURSE ANESTHESIA EDUCATIONAL PROGRAMS. THIS PROGRAM EMPHASIZES THE IMPORTANCE OF RETAINING DIVERSE FACULTY TALENT IN NURSE ANESTHESIA.



THE DREAM BIG MENTORSHIP PROGRAM OFFERS A PERSONAL RELATIONSHIP SEEKING SUCCESS WITHIN THE ANESTHESIA CAREER, WHILE GUIDING MENTEES TOWARDS HEALTHY FINANCIAL STRATEGIES THROUGH BUFFERING STUDENT DEBT AND GARNERING FINANCIAL INDEPENDENCE.



BEING A MEMBER OF THE DREAM BIG MOVEMENT GIVES YOU EXCLUSIVE ACCESS TO A NUMBER OF TANGIBLE AND INTANGIBLE BENEFITS, ALONG WITH A COMMUNITY THAT YOU CAN LEAN ON AND GROW WITH. OUR TEAM IS COMMITTED TO EQUIPPING OUR MENTEES WITH THE TOOLS AND RESOURCES NEEDED TO DEFINE SUCCESS FOR THEMSELVES AND SEE IT THROUGH.



**EMPOWERING DIVERSITY,
ELEVATING INCLUSION, AND
FOSTERING LEADERSHIP**

THE MISSION:

'Leap into the Dream' Multicultural CRNA Conference is to be a beacon of change and unity. We see a future where diversity is celebrated, inclusion is second nature, and underrepresentation becomes a thing of the past.

MulticulturalCRNAconference.com



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